



- POSITION:** **PhD Studentship Opportunity (through Carleton University or University of Ottawa)**
- PERIOD:** September 2022 (for 3+ years) or  
January 2023 (for 3+ years) or  
September 2023 (for 3+ years)
- SALARY:** \$25,000 annually + \$2,500 Professional Development Allowance –  
for three years
- REPORTS TO:** Dr. Mark Tremblay, Healthy Active Living and Obesity Research  
Group, CHEO Research Institute; Professor of Pediatrics, University  
of Ottawa; Adjunct Professor, Department of Health Sciences,  
Carleton University

Dr. Mark Tremblay's research program is housed within the Healthy Active Living and Obesity Research Group (HALO) at the Children's Hospital of Eastern Ontario Research Institute (Ottawa, Canada). HALO provides international leadership and research excellence in healthy active living for the promotion of health and wellness in children and youth. The HALO team is comprised of a multidisciplinary group of research scientists, clinicians, research staff, administrative support personnel, graduate and practicum students, post-doctoral fellows, and visiting scholars. Working with local, provincial, national and international partners and stakeholders, HALO is committed to advancing the understanding and importance of promoting healthy active living, with a mission to preserve, enhance and restore the health and wellness of our most precious resource, our children. Details of Dr. Tremblay's research can be found here (<https://www.haloresearch.ca/dr-mark-tremblay/>). Dr. Tremblay accepts graduate students through both Carleton University and the University of Ottawa.

#### **RESPONSIBILITIES**

Dr. Tremblay is looking for an outstanding PhD Student to work on research related to outdoor play and healthy growth and development in young children. The research will examine the relationships among outdoor play/outdoor exposure (e.g. Forest School type environment) and movement behaviours, physical, cognitive, and social-emotional development of 1-5 year-olds, their parents and care providers.

---

### **QUALIFICATIONS, SKILL AND ABILITIES**

The ideal student must be eligible and accepted for PhD programs at Carleton University (preferred) or the University of Ottawa, have strong academic ability and potential, a passion for healthy active living research on children (and ideally experience in physical activity, sedentary behaviour, and sleep measurement in children), strong writing and analytical skills, a strong work ethic and motivation, demonstrate collegiality and professionalism, good project management skills, good interpersonal and communication skills (speaking, writing, presenting), good judgment, and be reliable, thorough, a self-starter with demonstrated initiative, creative, a team player, flexible, accommodating and ambitious.

### **TO APPLY**

Please send a complete CV, cover letter and contact information for two references to Dr. Louise de Lannoy by email to: [ldelannoy@cheo.on.ca](mailto:ldelannoy@cheo.on.ca).

---