

Health Concerns

Communication with Families



When communicating with families it is important to:

- Ask questions
- Acknowledge and validate the family's concerns
- Discuss how risks are assessed, mitigated, and managed
- Problem-solve together

Playing outside is important for healthy development

All children can be supported outdoors through all seasons when their health concerns are managed and monitored as a team

When supporting children with health concerns consider:

- The child's specific health needs
 - Asking questions to learn more about their medical needs
 - How you can support the child to be successful in their outdoor play
- What additional supports the program may need:
 - Mobility or inclusive equipment
 - Additional staff for support
 - Specific outdoor gear
- Information or resources you could share with the family on the importance of outdoor play



Find resources and so much more at OutdoorPlayCanada.ca and the [SPROUT-able Project Page](#)

